

WALK 6 – ARROW VALLEY PARK AND LAKESIDE

Walk Description:

A walk of slightly over 2 miles, no stiles, mostly level with one short descent through woodland with some steps, along parkland paths and town paths and pavements, with a short stretch of grassland. We are mainly in the park, in areas you may not have encountered yet, and the industrial section takes you past the Fly – By – Night Studios.

Walk details

With your back to the main gate to the Visitor Centre buildings walk ahead along a paved path bordered by grass on your left and a small parking area on your right. Then, leaving behind the main visitor car park, carry on along the paved path across the field.

When you reach a fence and gate don't go through but turn left along the paved path to a wide entrance to the wood. The path forks almost immediately. Take the right-hand lesser path and follow it as it curves round left to reach a T-junction by an information board. Turn right here and descend to go through a kissing gate.

Turn left through the field to go through another kissing gate and beyond it a road (Proctors Barn Lane). Here turn right until you reach a paved path on the left heading towards a triangular bollard and beyond it a bridge.

Do not cross the bridge but turn left just before it. Follow this paved path to the corner of the lake and turn right to cross the bridge you find there. Follow the path round to the right to reach a road.

After crossing the road (Holloway Drive) which can be busy, go right for a short time, then left along Arthur Street. Soon turn left along New Meadow Road.

At a T-junction with Shawbank Road cross over and soon on the right take a path which descends through the industrial estate. You will reach a T-junction with Broad Ground Round. Cross and maintain direction by continuing on another path,

This will take you to a T-junction of paths where you turn left and follow this path through an underpass.

Stay on the path until you reach an entrance to a car park. Go straight across and follow the wide paved path as it skirts round the car park to reach a notice board saying "Broad Ground Weir" where a metal bridge will take you back into Arrow Valley Park.

Turn left to reach the AVCP information board. Then turn right, leaving the lake, and walk across a metal bridge over a stream feeding the lake and take a wide paved path which soon curves left.

Continue on this path past Tookey Corner and a welcome bench to a further path on the left which skirts shrubs and trees until a path on the left descends into the wood with some useful steps, some rather steep. You will reach a parkland path. Turn right here and soon left when you reach a wide grassy area.

Follow this path, bordered by trees on the left, until you reach a crossroad of paths where a left turn will take you back to the visitor centre.