Autumn walk - Arrow Valley Park

1. Start with the Visitor Centre behind you set off straight ahead with the black metal railing on your right.
2. **At THE END OF THE RAILINGS** do not go over the bridge but turn Left onto the Equestrian route marked with a horseshoe
3. When you reach the road - cross over the road and head almost straight ahead up the slope and short path into the woods, signposted “Meadows Trail”
4. When you reach the fork in the path veer left keeping on “Meadows Trail”
5. You will arrive at the main path, turn left towards the lakes
6. At the bridge (do not cross the bridge) veer to the right, away from the main path (unless it is very wet) down the path adjacent to the river when you will be walking between the main path and the river
7. You will come to another path, turn left towards the notice boards. At the notice boards carry on this the path over the bridge between railings
8. When you reach Tovey corner where there is a bench which commemorates Elizabeth Tovey and the path forks, keep straight on (do not veer left)
9. You will pass big tree on your right and almost immediately turn left up a slope with steps
10. At the top of the steps keep straight ahead then look right and proceed between the avenue of trees
11. After the avenue of trees join the main path to the left and when you reach the litter bin do not go under the underpass but take the path to the left up a slight slope
12. continue on the path and you will come to another open area of field. Keep to the right around the edge of the field
13. This will lead you back to the park
14. Continue along here back to the visitor centre
15. We hope you have enjoyed your walk

ALTERNATIVE ROUTE FROM POINT 10

10. At the top of the steps continue forward but veer left towards a gap in the trees down a slope (take care down here in wet weather)
11. When you reach the bottom of the slope turn right and keep to the edge of the field all the way round until to reach the main path to the visitor centre
12. ***We hope you have enjoyed your walk***